



CLASS 11 PSYCHOLOGY – LO's Aligned Monthly Split-up Syllabus (April 2026–March 2027) + Portion Boundaries + Exams + Weightage + Question Paper Design + Blueprint (For CM SoE & Non-CM SoE)

Developed by:- Jharkhand Council Of Educational Research & Training (Curriculum Division)

Month	Teaching Days (Available)	NCERT Chapter Titles	Sub-topics / Portion Boundary	LOs (*LO Mapping - IDs) (NCERT Higher Secondary Stage LO - Draft)	Practicals / Activities (Minimum)	Assessment / Exams (प्रश्न पत्र एवं उत्तर कुंजिका निर्माण)
Apr2026 + May 2026 + Jun 2026		PSYCHOLOGY: Unit I Understanding Psychology; Unit II Methods of Enquiry in Psychology	Nature of psychology, psychology as natural and social science, evolution and branches of psychology, psychology in everyday life. Methods of enquiry: goals of enquiry, steps of research, observations, experiments, correlational method, survey, psychological testing, case study, analysis of data, ethics.	LO-PSY-01, LO-PSY-02, LO-PSY-03, LO-PSY-04, LO-PSY-05, LO-PSY-06	Observation diary; mini survey; class experiment/demo; research ethics discussion; project topic selection.	April to June portion tested in Project RAIL on 07-07-2026 DIET Hazaribag एवं DIET Jamtara
Jul 2026	14	PSYCHOLOGY: Unit III Human Development	Meaning of development, life-span perspective, factors influencing development, context of development and stages—prenatal to old age.	LO-PSY-01, LO-PSY-02, LO-PSY-04, LO-PSY-05, LO-PSY-06	Developmental stage chart; caselets on adolescence; reflective journal.	July portion tested in Project RAIL on 04-08-2026 DIET Latehar एवं DIET Lohardaga
Aug 2026	12	PSYCHOLOGY: Unit IV Sensory, Attentional and Perceptual Processes; Unit V Learning (Start)	Sensory processes, attention, perception, perceptual organisation, space/depth, illusions, socio-cultural influences on perception. Learning (start): nature of learning, classical conditioning, operant conditioning (intro).	LO-PSY-01, LO-PSY-02, LO-PSY-03, LO-PSY-04, LO-PSY-06	Illusion activities; attention/perception demonstration; learning paradigms worksheet; half-yearly revision.	Half Yearly Exam: 07-09-2026 to 12-09-2026 (covers Jun–Aug).
Sep 2026	23	PSYCHOLOGY: Unit V Learning (Finish); Unit VI Human Memory	Learning complete: observational, cognitive, verbal and skill learning; factors facilitating learning; learning disabilities. Human Memory: nature of memory, stage model, levels of processing, types of long-term memory, forgetting and memory enhancement.	LO-PSY-01, LO-PSY-02, LO-PSY-03, LO-PSY-04, LO-PSY-05, LO-PSY-06	Memory experiments; learning curve activity; half-yearly remedial and application-based answers.	September portion tested in Project RAIL on 06-10-2026 DIET Ramgarh एवं DIET Ranchi
Oct 2026	22	PSYCHOLOGY: Unit VII Thinking; Unit VIII Motivation and Emotion	Thinking: thought, problem solving, reasoning, decision making, creative thinking, language and thought. Motivation and Emotion: nature of motivation, biological and psychosocial motives, Maslow, nature of emotions, theories and managing emotions.	LO-PSY-01, LO-PSY-02, LO-PSY-04, LO-PSY-05, LO-PSY-06	Creativity tasks; reasoning puzzles; emotion diary; class discussion on motivation and well-being.	October portion tested in Project RAIL on 03-11-2026 DIET Simdega एवं DIET W-Singhbhum.
Nov 2026	14	PSYCHOLOGY: Full Syllabus Revision + Project / Activity File	All units I–VIII full revision, concept application and higher-order questions. Portion boundary: Full syllabus completed by November 2026.	LO-PSY-01, LO-PSY-02, LO-PSY-03, LO-PSY-04, LO-PSY-05, LO-PSY-06	1 sample paper + analysis; practical/activity file completion; viva-style discussion.	November portion tested in Project RAIL on 08-12-2026 DIET Deoghar एवं DIET Dhanbad
Dec 2026	21	PSYCHOLOGY: Full Syllabus Practice + Revision	Complete revision and practice with case-based and application-based questions.	LO-PSY-01, LO-PSY-02, LO-PSY-03, LO-PSY-04, LO-PSY-05, LO-PSY-06	2 practice papers; reflective journal review; answer improvement sessions.	December portion tested in Project RAIL on 12-01-2027 DIET Garhwa एवं DIET Giridih
Jan 2027	18	PSYCHOLOGY: Full Revision + Sample Papers + Record Consolidation	Full syllabus wrap-up for annual exam with concept mapping and case analysis.	LO-PSY-01, LO-PSY-02, LO-PSY-03, LO-PSY-04, LO-PSY-05, LO-PSY-06	Weekly timed paper; oral feedback; record file consolidation.	Project RAIL (Full Syllabus) on 02-02-2027 DIET Hazaribag एवं DIET Jamtara
Feb 2027 (Revision Month)	19	PSYCHOLOGY: Full Revision + Record File	Entire syllabus consolidation and annual exam readiness.	LO-PSY-01, LO-PSY-02, LO-PSY-03, LO-PSY-04, LO-PSY-05, LO-PSY-06	Mock papers and remedial support.	Annual Examination: 01-03-2027 to 05-03-2027 AND 15-03-2027 to 20-03-2027 - full syllabus
Mar 2027	20	Board Examination (continued, if applicable) / Post-exam Academic Support	Board examination continuation / light post-exam academic engagement, bridge work, reading / enrichment / record completion as applicable.		Bridge activities / portfolio / reading enrichment / feedback.	Post-exam school support (as applicable)
LO ID	LOs (*LO Mapping - IDs) (NCERT Higher Secondary Stage LO - Draft)					
LO-PSY-01	recognises the relevance of psychological concepts in understanding self and others.					
LO-PSY-02	observes, analyses and interprets behaviour and mental processes in different contexts.					
LO-PSY-03	applies scientific methods of enquiry and ethical considerations in psychological investigation.					
LO-PSY-04	demonstrates reflection, empathy, communication and critical thinking while understanding psychological issues.					
LO-PSY-05	relates psychological knowledge to personal growth, well-being and social adjustment.					



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LO-PSY-06 uses basic psychological concepts, data and examples for explanation, analysis and problem solving.

QUESTION PAPER DESIGN / BLUEPRINT

A. THEORY BLUEPRINT

S.No.	Unit / Section Block	Marks	Prescribed Scope / Paper Component
1	Unit I	11	Understanding Psychology
2	Unit II	13	Methods of Enquiry in Psychology
3	Unit III	11	Human Development
4	Unit IV	8	Sensory, Attentional and Perceptual Processes
5	Unit V	9	Learning
6	Unit VI	8	Human Memory
7	Unit VII	5	Thinking
8	Unit VIII	5	Motivation and Emotion
	TOTAL	70	Theory Paper

B. TYPOLOGY OF QUESTIONS

S.No.	Category / Question Type	Marks	Weightage / Nature
1	Remembering & Understanding	35	50%
2	Applying	25	35%
3	Formulating / Analysing / Evaluating / Creating	10	15%
	TOTAL	70	100%

C. INTERNAL / PRACTICAL / PROJECT

S.No.	Component	Marks	Remarks
1	Practical / Internal Component	30	As prescribed in syllabus